













# Set of Toning Tables (from 6 to 8)

Exclusive line

Equipment show high efficiency without exhausting workouts! No unnecessary and harmful strain on spin, joints and cardiovascular system.

Easy to operate, compact and economical.

#### **GOOD FOR:**



rehabilitation program



care providers



trainings for senior people

Exercising on the toning tables contributes to the restoration of motor functions, strengthens muscles, permits to normalize weight and build a slim figure without exhausting workouts.

The operating principle of toning tables is based on recurring movements of the movable part of the table, which drives the muscles of different parts of the body, causing certain joints to work. The fixed part of the table is used as a support.

All exercises are carried out in a sitting or lying position, which makes it possible to avoid a negative impact on the spine.

Different toning tables are used for different muscles for training or relaxing abdominal muscles, thighs and buttocks, back, loins and oblique abdominal muscles, thoracic girdle, abductors and adductors of thighs, for stretching. Special toning tables with a massage function are also included.





#### Standart line is the best for home use.

### ROLLER MASSAGER BEAUTYROLL

Stimulate lymph circulation. It is a preventive lymphatic drainage massage of legs, arms, buttocks, neck, abdomen and waist as well as other parts of the body.





The effect is felt after the first workouts the body senses a pleasant relaxation and lightness as if it were professional massage therapy.

#### **GOOD FOR:**



fitness clubs







wellness, spa, zones



rehabilitation centers



# VACUUM EXERCISE MACHINE

An innovative approach is to place the elliptical exercise machine in a special sealed capsule where a reduced pressure is developed. The person working out on the exercise machine is inside the capsule to the waist. A special sealing skirt made of neoprene separates the persons lower body part located in the capsule from the upper body part located outside when the person trains on the exercise machine.

#### **GOOD FOR:**



fitness and sport clubs



wellness or mono studios



## WITH A TREADMILL OR AN ELLIPTIC INSIDE EXCLUSIVE LINE

The principle of this revolutionary product is based on a combination of moving in a vacuum chamber that ensures a better blood circulation of the tissue at the buttocks, abdomen and legs, where there is normally less blood circulation

The experience of using vacuum exercise machines confirms the higher efficiency of burning fats compared to workouts on exercise machines without vacuum capsule. Due to reduced pressure, which increases the flow of blood saturated with oxygen to the muscle tissues during workouts, the fat interlayer reduces, the muscle tone increases, wastes are excreted, as a result measurements of the waist, thighs, buttocks and other problem areas are reduced.









## CYCLING MACHINE WITH A BALL

Basic, cardio and strength workout are held simultaneously, which saves the time of clients, coaches and the club.

The fitball is designed to increase the effectiveness of workouts and make them comfortable. The fitball (stability ball) strengthens the main muscles of the abdomen, back, thighs and leads to improved balance, breathing, posture and involves a greater number of muscles at the same time to increase further the heart rate.

Movable handrails help to strengthen the upper body. All the muscles of the lower body are intensively involved at the same time.

#### GOOD FOR:



fitness and sport clubs



wellness or mono studios



### **BALANCE PLATFORM**

Balance platform is a simple, effective way to train dynamic stability. It can significantly improve coordination as well as effectively work out deep and hard-to-reach muscle groups.

#### **GOOD FOR:**



fitness and sport clubs



care providers



restorative medicine centers





### SUCCESS STORIES













### CE CERTIFICATES



TECHNICKÝ SKÚŠOBNÝ ÚSTAV PIEŠŤANY, S.A. Certifikačný segán certifikujúci výrotky Krajinská cesta 2929/9 921 01 Pletrary, Slevak Republic



TECHNICKY SKUSOBNY OSTAV PIEŠTANY, A.P.

Certificator organ certificatori vyrobby Krajinská conta 2920/9



TECHNICKY SKOSOBNY ÚSTAV PIEŠŤANY, A.S. Certificatory organ certificajúci výrotky Krajinská cesta 2929/9 art of Problems, Storal Republic

WNNAN

#### CONFORMITY CERTIFICATE

No. 191299107

Manufacturer. Individual entrepreneur Vladimir Vladimirovich Hrorykh St. Petersburg, Rosenstein street 21

Product Rolling Exercise Machine Deauty Roll

Explusive, Prof. Standard

This conformity certificate confirms the conformity of the product with essential safety requirements of the following EC/EU New Approach Directives as amended:

2014/35/EU Low Voltage Directive 2014/36/EU Electromagnetic Compatibility Directive

European harmonized standards used for the conformity assessment.

EN 60336-1:2012/AC:2014/A11:2014 EN 55014-1:2006/A1:2009/A2:2011

The certificate has been issued on the basis of the tests of the product type sample. The results are recorded in the Conformity assessment report No. 190500008/3 dated 21.05.2019



Tank can be used only in the case of controlliny assessment according to all relevant €C/EU Construes.

This certificate is issued under the following conditions:

The process of the pr

leave date: 22.05.2019 Expiry date: 21.05.2022



Deputy of Head of Product Certification Body

TOU Petting, E.J. III EU Normal Body number 1206

114520



921 01 Pinkrany, Slovak Republic

#### CONFORMITY CERTIFICATE

No. 191299108

Manufacturer Individual entreprensur Vladimir Vladimirovich Hvorykh

St. Petersturg, Rosenstein street 21

Product Yoning Table

Exclusive / Prof

This conformity certificate confirms the conformity of the product with essential safety requirements of the following EC/EU New Approach Directives as amended

Machinery Directive Low Voltage Directive Electromagnetic Compatibility Directive

European harmonized standards used for the conformity assessment.

EN ISO 12100;2010 EN 60336-1;2012;AC;2014;A11;2014 EN 65014-1;2066;A1;2008;A2;2011

The certificate has been assued on the basis of the tests of the product type sample. The results are recorded in the Conformity assessment report No. 1905000841 dated 21.05.2019

C € mark can be used only in the case of conformity assessment according to all reference € GELI Disactives

This certificate is broad under the following conditions:

In community in the section of the community of the commu

actificated distriction.

6. The holder of this confiduale must keep: the conditions specified in the General Rules for Product Certification, which are keep

Expiry date: 21.05.2022 Inner 6



Jan Barantin Deputy of Head of Product Certification Body

The Pathway, Lo. is EU towher Body runder 1786

114544

#### CONFORMITY CERTIFICATE

No. 191299109

Manufacturer: Individual entrepreneur Vladimir Vladimirovich Hvorykh St. Petersburg, Rosenstein street 21

Product Vacuum Exercise Machine

Exclusive / Prof

This conformity certificate confirms the conformity of the product with essential safety requirements of the following EC/EU New Approach Directives as amended

2014/35/EU Low Voltage Directive 2014/36/EU Electromagnetic Compatibility Directive

European harmonized standards used for the conformity assessment

EN 60336-1-2012/AC-2014/A11-2014

The certificate has been issued on the basis of the tests of the product type sample. The results are recorded in the Conformity assessment report No. 190500068/2 dated 21.05.2019

C € mail can be used only in the case of conformity assessment according to all relevant EOEU Directives

This contribute is insued ander the tolerates conditions:

The conflictable sporter to the product type and its partitions appointed in the above transformed Conflormly Absentance report. The productions proposaltimony previously control in not received by the conflictable or control or the production process. The conflictable can be made by the the exhibition code by the partitionary by partitionary or control or the production process. The conflictable can be set to describe the conflictable or control or the production process. Changes link may should be confirmed you the conflictable magnetic changes and the confidence while the confidence and the confirmed you the confidence while the confidence and the confidence and the confidence and the confirmed you the confirmed you the confirmed while the confidence while the confidence and the confirmed you the confirmed you the confirmed while the confidence and the confirmed you the conf

actificated available.

The books of this conflicted must keep the conditions operated in the Comman Rules for Product Conflicted, which are breefy available of their time time.

Expiry date: 21.05.2022 lasue: 1



Title Prefilary, & p. is CV Notited Body number 1999

114521

12265 toning table toning table toning table toning table toning table toning table Cycling Machines with a Ball Rollen Massage BeautyRoll Prof ADMINISTRATOR 4.3 m2 Cycling Machines with a Ball Rollen Massage BeautyRoll Prof 180m2 STAFF 4,4 m2 Balance platform Balance platform 24,6 m2 LOCKER ROOM 17,6 m2

Open your fitness business with 19 years old brand! TONUS-CLUB is easy to open and operate!

> 3-5 UNITS OF EQUIPMENT 60-180 SQ M IS NEEDED 4-7 EMPLOYEES 11-35 UNITS OF EQUIPMENT



